



Easy & Effective Fundraising

NUTRITIONAL FACTS

Serving Size: 1.23 oz (35g)

Servings Per Container: 12

Amount per serving

Calories 90 **Calories from Fat 15**

	% Daily Value*
Total Fat 1.5g	3%
Saturated Fat 0g	0%
Trans Fat 0.5g	
Cholesterol 0mg	0%
Sodium 180mg	7%
Total Carbohydrates 17g	6%
Dietary Fiber 0g	0%
Sugars 1g	
Protein 2g	

Vitamin A 0% Vitamin C 0%

Calcium 0% Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet.

Product Name: Garlic Knots

Brochure: PZ

Item #800

Shelf Life: 6 Months Frozen, 2 Weeks Refrigerated

Supplier Code: 13060 (60th day of 2013) product made.

Ingredients:

BREAD: WHEAT FLOUR ENRICHED (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MALTED BARLEY FLOUR, WATER, SHORTENING (PARTIALLY HYDROGENATED SOYBEAN OIL), YEAST, SUGAR, WHEY (MILK), SALT.

GARLIC SAUCE: LIQUID AND PARTIALLY HYDROGENATED SOYBEAN OIL, WATER, SALT, CONTAINS LESS THAN 2% OF DEHYDRATED GARLIC, VEGETABLE MONO & DIGLYCERIDES, HYDROGENATED SOYBEAN OIL, SOY LECITHIN, NATURAL GARLIC FLAVOR, ARTIFICIAL FLAVOR, SODIUM BENZOATE (A PRESERVATIVE), CITRIC ACID, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, BETA CAROTENE (COLOR), VITAMIN A PALMITATE ADDED.

PARMESAN CHEESE: PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES, AND CELLULOSE (ANTI-CAKING AGENT).

Allergy Statement:

MANUFACTURED ON SHARED EQUIPMENT WITH PEANUTS, TREE NUTS, WHEAT, MILK, EGG, SOY AND FD&C COLORS.