

<b>Nutritional Facts</b>	
Serving Size: 4.5 oz	
Servings Per Container: 4	
<b>Amount per serving</b>	
<b>Calories 400</b>	<b>Calories from Fat 130</b>
	% Daily Value*
<b>Total Fat 15g</b>	23%
Saturated Fat 9g	45%
Trans Fat 0g	
<b>Cholesterol 85mg</b>	29%
<b>Sodium 690mg</b>	29%
<b>Total Carbohydrates 65g</b>	22%
Dietary Fiber 3g	14%
Sugars 41g	
<b>Protein 7g</b>	
Vitamin A 8%	Vitamin C 0%
Calcium 6%	Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet.	

**Product Name: Lava Cakes, 18 oz.**

Brochure: ST

Item #1603

Shelf Life: 6 Months Frozen, 2 Weeks Refrigerated

Supplier Code: 218-13(218th day of 2013)

**Ingredients:**

SUGAR, BLEACHED WHEAT FLOUR, SUGAR, CORNSTARCH, BUTTER (PASTEURIZED CREAM, NATURAL FLAVORINGS (LACTIC ACID, STARTER DISTILLATE, CULTUROMA), WHOLE EGGS, BUTTERMILK, SOUR CREAM (CULTURED PASTURIZED MILK, CREAM, FOOD STARCH-MODIFIED (CORN), GELATIN, GUAR GUM, SODIUM CITRATE, CARRAGEENAN, SALT, LOCUST BEAN GUM, POTASSIUM SORBATE (TO HELP PRESERVE FRESHNESS)), COCOA, MILK, VANILLA IMITATION (WATER, PROPYLENE GLYCOL (A CARRIER), VANILLIN & OTHER ARTIFICIAL FLAVORS, CARAMEL COLOR, CITRIC ACID, SODIUM BENZOATE (A PRESERVATIVE, USED AT LESS THAN 1/10 OF 1%)), SODIUM BICARBONATE, SALT.

**Allergy Statement:**

Manufactured on Shared Equipment with - Peanuts, Tree Nuts and may contain Wheat, Milk, Egg, FD&C Colors, Soybean and/or Dairy Products.